



**Public Health**  
Prevent. Promote. Protect.

**Montgomery County**  
Public Health District

**FOR IMMEDIATE USE.**

**For more information, please contact:**

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Public Health Recommendations After Flooding

*Conroe, Texas -*

Public health focuses on prevention. With that, Montgomery County Public Health District would like to remind everyone working in clean up and recovery to please be up to date on Tetanus vaccination. The Tetanus booster should be repeated every 10 years. Tetanus is a bacteria found in soil, manure, and dust. It can enter the body through a cut, scratch or open wound.

The vaccine can be obtained at your primary care physician, urgent care, and some pharmacies. For more info on Tetanus vaccinations, please see [www.cdc.gov](http://www.cdc.gov).

Within days of flooding, mosquito eggs will hatch and adult mosquitoes that survived the storm will lay new eggs. Within a couple of weeks, mosquito populations will greatly increase. Because people spend more time outside cleaning up after a hurricane or flood, they are more likely to be bitten by mosquitoes.

With all the rain water, please be vigilant to empty standing water around your home. If items cannot be dumped out, larvacides can be used to kill mosquito larvae.

The best way to protect yourself from mosquito bites and viruses spread through mosquito bites is to prevent mosquito bites. Ways to prevent mosquito bites include wearing long-sleeved shirts and long pants while outdoors and/or using Environmental Protection Agency (EPA) –registered insect repellants with one of the following ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus, para-methane-diol, or 2-undecanone. For more info on mosquito bite prevention, please see [www.cdc.gov](http://www.cdc.gov).



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**Montgomery County Public Health District's** mission is promoting a healthy, resilient community through health education, disease prevention, clinical services, and emergency preparedness. For more information about the Montgomery County Public Health District, please go to [www.mcphd-tx.org](http://www.mcphd-tx.org) or call 936-523-5020.