

UPCOMING EVENTS

January 30 – Blood Drive

February 3 – MRC Quarterly Meeting

February 11 – Vaping Presentation

February 18 & 19 – Psychological First Aid Training

February 24 – Be the Match Registration Drive

February 28 & 29 – Liberty County CASPER

The Medical Reserve Corps in 2020

2019 was a great year for our MRC unit! We were able to contribute over 900 volunteer hours to better serve our community. We are excited to see the impact the MRC will make in 2020. The MRC's goals for 2020 are:

- **Increase volunteer attendance by 30%**
- **Gain 50 new volunteers**

MRC Volunteer Impact for 2019



336 Volunteers



948 Hours Contributed



\$22,823.99 Economic Impact

UPDATED MRC WEBSITE

The MRC website is being updated! The updated website will have a calendar volunteers can use to sign up for events and trainings along with an online orientation video available to anyone who needs to go through orientation. An announcement will be made once all updates to the website are complete.

Follow us on social media!

Facebook: [Montgomery County Public Health](#)

Instagram: [mctx_publichealth](#)

Website: <https://mcphd-tx.org/mrc/>

SHELTER UNIT TASK FORCE

Our MRC unit was one of the few units to be selected to receive extra funding from NACCHO (the National Association of County and City Health Officials). This funding will be used to create a Shelter Unit Task Force which will be comprised of individuals fully equipped and trained in psychological first aid and medical first aid. The Shelter Unit Task Force will be made up of three teams: the Psychological First Aid Team, the Medical First Aid Team, and the Resource/Inventory Team. Members of the Shelter Unit Task Force will be available to deploy when emergency shelters in the county are opened.

YOUTH MENTAL HEALTH FIRST AID

The MRC will be hosting a Youth Mental Health First Aid Training on March 21st from 9am to 5pm. Lunch will be provided for all participants. The goal of the Youth Mental Health First Aid training is to teach people methods and ways of assisting adolescents age 12 to 18 who may be in the early stages of developing a mental health problem or who are already in a mental health crisis. If you would like to sign up for the training, please e-mail cculver@mchd-tx.org or mrc@mchd-tx.org.

