MONTGOMERY COUNTY COVID-19 UPDATE

MONTGOMERY COUNTY – Montgomery County Public Health District, in conjunction with Montgomery County Office of Emergency Management, can confirm there are now 149 positive cases of COVID-19, up 7 cases from yesterday. According to the CDC, recent studies show the virus can spread by people who do not show symptoms. The CDC recently updated its guidance for the general public to include wearing a cloth face mask:

Cover your mouth and nose with a cloth face cover when around others.

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
  - Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.

It’s also important to keep up the efforts of social distancing, staying home unless going out is necessary, washing your hands and disinfecting surfaces in and around your home.

Details on Montgomery County cases can be found here: https://mcphd-tx.org/coronavirus-covid-19/confirmed-cases/.
Montgomery County Public Health District’s mission is promoting a healthy, resilient community through health education, disease prevention, clinical services, and emergency preparedness. For more information about the Montgomery County Public Health District please go to [www.mcphd-tx.org](http://www.mcphd-tx.org).