

# MARCH

2019



## New Chapters for Our MRC: *Establishing Community Classes*

At the start of the year, we shifted our focus to engage the community with some of our top performing classes and trainings, such as the human trafficking seminar, kids CPR basics, mass fatality response, and bleeding control. This serves our effort in bringing more education and awareness to our residents, while promoting our organization and the mission we serve. The strategy proves fruitful as more individuals seek out MRC membership. Now, we challenge each of you to tell one person about the MRC and the services we provide! Our goal for this year is to **increase our volunteer base by 10%**, and we have found that our best volunteers come from our established volunteers.

## National Public Health Week

The first week of April is National Public Health Week. This week promotes all the good that public health does for our communities, our states, our nation, and our world. To honor this week, we will be hosting a hygiene drive. Each person who submits a donation will be entered into a drawing to win **FREE BAGELS FOR A YEAR** from Panera Bread. In addition, be sure to follow us on Facebook to keep up with our daily posts about the week!

Curious on how the CDC monitors vaccine safety? Check out this webpage, [www.CDC.Gov/vaccinesafety](http://www.CDC.Gov/vaccinesafety)

### Upcoming Events

March – Public Health Week Drive

March 24 – World TB Day

April 6 – Muddy Trails Bash

April 11 – Blood Drive

April 13 – Until Help Arrives SHE Mini Health Fair

April 16 – Kids CPR Basics

April 27 – Ironman Kidz Fest

May 1 – Kids CPR Basics

May 4 – New Member Orientation

May 8 – Quarterly Meeting

May 22 – Adult CPR Class

May 25 – POD Training

### Clinical Immunization Safety Assessment Project (CISA)

CISA is a collaboration between CDC and 7 medical research centers.

- Vaccine safety experts assist U.S. healthcare providers with complex vaccine safety questions about their patients.
- CISA conducts clinical research studies to better understand vaccine safety and identify prevention strategies for adverse events following immunization.